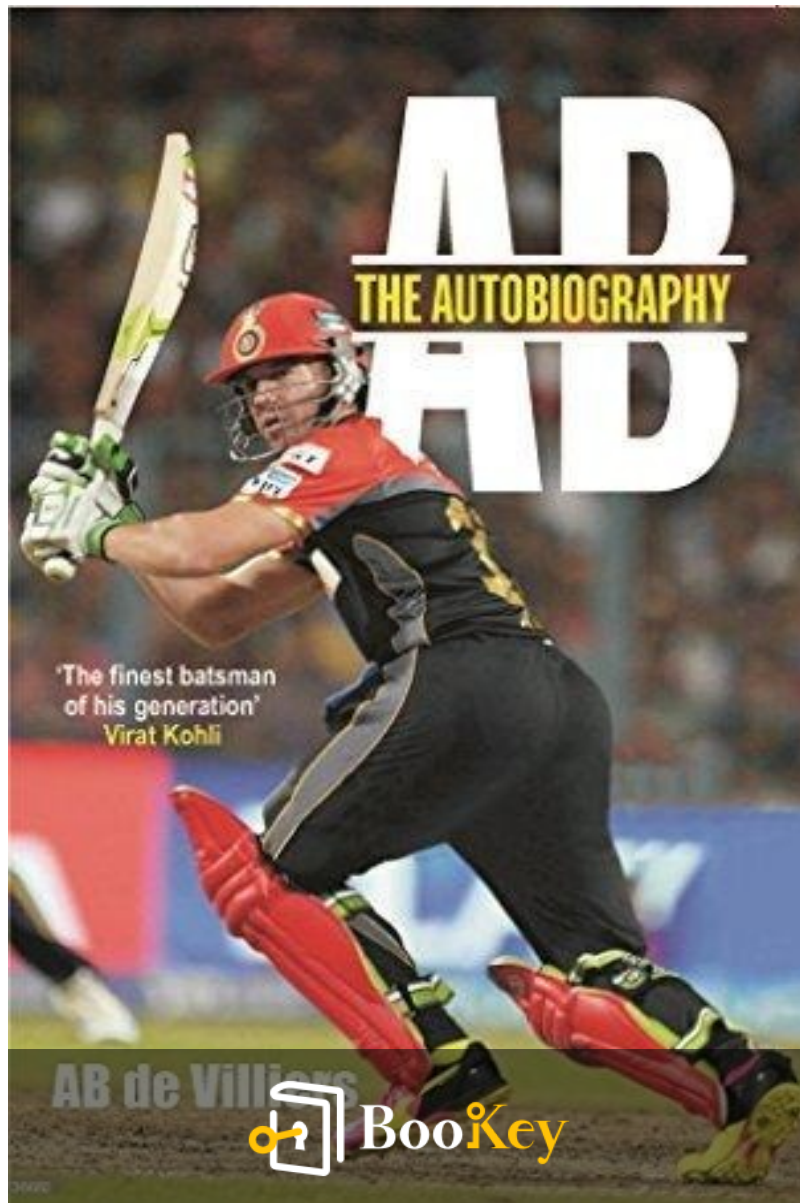


AB PDF

A.B. de Villiers



More Free Book



Scan to Download



Listen It

AB

The Journey of Cricket's Most Dynamic Batsman

Written by Bookey

[Check more about AB Summary](#)

[Listen AB Audiobook](#)

More Free Book



Scan to Download



[Listen It](#)

About the book

In "AB," cricket legend AB de Villiers shares his captivating journey from a young sports enthusiast in Warmbaths, South Africa, to one of the finest batsmen in the history of the game. Renowned for his innovative batting style and remarkable achievements, including over 14,000 runs in Tests and 8,000 in ODIs, de Villiers exemplifies sportsmanship and dedication. With a career marked by groundbreaking performances and a commitment to uplifting his countrymen, he reflects on the challenges and triumphs that have defined his life on and off the field. This autobiography offers an intimate glimpse into the mind of a modern sporting icon who continues to inspire millions.

More Free Book



Scan to Download



Listen It

About the author

A.B. de Villiers is a renowned South African cricketer, celebrated not only for his exceptional skills on the field but also for his ability to inspire millions with his positive attitude and sportsmanship. Born on October 17, 1983, in Pretoria, de Villiers made a significant mark in international cricket as a versatile batsman and a dynamic wicketkeeper, earning accolades for his innovative batting style and game-changing performances. His career, spanning over a decade, saw him break numerous records and achieve remarkable feats, making him one of the greatest cricketers of his generation. Beyond his cricketing prowess, de Villiers is known for his thoughtful insights and reflections on life, which he eloquently shares in his writings, including the book "AB," where he offers an intimate glimpse into his journey, challenges, and the philosophies that have shaped him both as a player and a person.

More Free Book



Scan to Download



Listen It

Ad



Scan to Download



Try Bookey App to read 1000+ summary of world best books

Unlock **1000+** Titles, **80+** Topics

New titles added every week

- Brand
- Leadership & Collaboration
- Time Management
- Relationship & Communication
- Business Strategy
- Creativity
- Public
- Money & Investing
- Know Yourself
- Positive Psychology
- Entrepreneurship
- World History
- Parent-Child Communication
- Self-care
- Mind & Spirituality

Insights of world best books



Free Trial with Bookey



Summary Content List

Chapter 1 : Glory

Chapter 2 : 20 Mentz Avenue

Chapter 3 : All-rounder

Chapter 4 : 'Let there be light'

Chapter 5 : Fast lane

Chapter 6 : Joining the Club

Chapter 7 : Crossroads

Chapter 8 : 2008

Chapter 9 : South Africa, right or wrong

Chapter 10 : The magic carpet

Chapter 11 : Looking east

Chapter 12 : Inspired by India

Chapter 13 : The match that matters

Chapter 14 : The dream

Chapter 15 : Renewal

More Free Book



Scan to Download



Listen It

Chapter 1 Summary : Glory



Section	Summary
Setting the Scene	The chapter begins on January 18, 2015, during a one-day international match in Johannesburg, where South Africa faces the West Indies. The crowd supports breast cancer awareness, while openers Amla and Rossouw perform strongly.
Internal Conflict	AB de Villiers feels anxious yet determined as he prepares to bat after Rossouw's dismissal. He faces pressure from the coach to bat instead of his teammate, Dave Miller.
The Batting Performance	Once on the field, de Villiers finds his rhythm, achieving significant milestones, including a fifty in 16 balls and a hundred in 31 balls, contributing to a record score of 439 runs.
Reflection on Glory	Despite the euphoria of his achievements, de Villiers prioritizes teamwork and the spirit of the game over personal accolades, recognizing the importance of collective success.
Personal Insights and Faith	Driving home after the match, de Villiers reflects on faith and humility, recalling moments of connection with God and acknowledging that his success is a gift that should be attributed to a higher power.
Concluding Thoughts	De Villiers concludes the chapter by contemplating the true essence of glory, which he believes is rooted in hard work, teamwork, and faith, ultimately declaring that it is God's glory that is paramount.

Chapter 1: Glory

Setting the Scene

More Free Book



Scan to Download



Listen It

The chapter opens in Johannesburg on January 18, 2015, during a one-day international cricket match between South Africa and the West Indies at the Wanderers Stadium. The crowd is lively, sporting pink to raise breast cancer awareness, while openers Hashim Amla and Rilee Rossouw have set the stage with a strong start, surpassing a score of 200 without loss.

Internal Conflict

As pressure builds, the narrator, AB de Villiers, feels anxious yet determined to make an impact. He suggests that teammate Dave Miller should bat next to exploit the opposition's bowling strategy, but coach Russell Domingo insists de Villiers is the right choice. After Rossouw is dismissed, de Villiers prepares to bat, grappling with nerves reminiscent of his debut.

The Batting Performance

Once on the field, de Villiers discovers his rhythm, showcasing remarkable skills that lead to a flurry of boundaries. He outlines his batting strategy, adapting to the

More Free Book



Scan to Download



Listen It

bowler's approach and displaying aggressive intent. Amid soaring scores and personal milestones, he sets a new world record by scoring a fifty in just 16 balls and reaching a hundred in 31 balls, while also contributing to a historic innings score of 439 for two.

Reflection on Glory

As the match progresses, a sense of euphoria envelops him; however, de Villiers maintains humility, recognizing that personal records and accolades are secondary to the team's success and the spirit of the game. He reflects on the elements that truly matter, including teamwork and inspiring fans, encapsulating the day's accomplishments as a collective victory.

Personal Insights and Faith

After the game, while driving home, de Villiers contemplates his faith and the significance of humility in his success. He recalls two pivotal moments in his life when he felt a profound connection with God, emphasizing the importance of staying grounded regardless of his achievements. Conclusively, he asserts that any glory must be attributed to a

More Free Book



Scan to Download



Listen It

higher power rather than himself.

Concluding Thoughts

De Villiers concludes the chapter pondering the essence of glory, standing as a testament to hard work, collective effort, and faith, stressing that, above all, it is God's glory that prevails.

More Free Book



Scan to Download



Listen It

Critical Thinking

Key Point: The Relationship Between Individual Success and Teamwork

Critical Interpretation: De Villiers highlights a crucial paradox regarding individual achievement in team sports, emphasizing that personal glory should not overshadow collective effort. While he celebrates remarkable personal records, he constantly redirects attention to the importance of teamwork and humility. This view, while commendable, invites debate about the nature of professional sports, where individual prowess often drives narrative. Critics might argue that such assertions can inadvertently diminish the spotlight on athletes' hard work, suggesting that not all successes can be equated with team effort, as seen in the discussions around motivation in sports psychology (Ryan & Deci, 2000) and studies on individual versus collective success in competitive settings.

More Free Book



Scan to Download



Listen It

inspiration

Key Point: Humility in Success

Life inspiration: As you read AB de Villiers' reflections on his record-breaking performance, you are reminded that true glory isn't just about individual accolades or personal achievements but rather about staying grounded and acknowledging the contributions of your team and the guiding hand of a higher power. Just like de Villiers, you can strive to embrace humility in your own successes, recognizing that every triumph is a result of collaboration, effort, and sometimes, serendipity. This realization inspires you to celebrate not just your wins, but also those of others, fostering a community spirit that uplifts everyone around you.

More Free Book



Scan to Download



Listen It

Chapter 2 Summary : 20 Mentz Avenue



Section	Summary
Childhood Experience and Identity	Author learns humility after dropping a cricket catch, showcasing his drive to earn respect through hard work.
The Backyard Cricket Grounds	20 Mentz Avenue becomes a cricketing hub (Div Park) for the De Villiers brothers, fostering resilience and a strong player identity.
Influence of Family and Friends	Mentorship from brothers Jan and Wessels, and competitive friendships elevate the author's sporting aspirations and achievements.
Significant Memories and Life Lessons	Anecdotes reveal lessons from triumphs and challenges, including sports outings and holidays enhancing competitive spirit.
Parental Influence and Foundation	Parents' roles create a supportive environment; father's ambition and mother's encouragement inspire academic and athletic success.
Overall Theme	Childhood competitiveness, mentorship, and family influence shape the author's journey as an athlete.

Chapter 2 Summary: 20 Mentz Avenue

Childhood Experience and Identity

More Free Book



Scan to Download



Listen It

The chapter opens with a pivotal moment in the author's childhood, where he faces a harsh lesson in humility after dropping a catch while older boys are playing cricket. Gerrit Deist, a friend of his brothers, forces him to remove his prized cap, symbolizing the pressure to prove himself worthy in the competitive sporting environment of his youth. This moment highlights the author's determination to earn respect through hard work rather than innate talent.

The Backyard Cricket Grounds

The De Villiers' home at 20 Mentz Avenue serves as a vibrant backdrop for the author's formative years. The garden becomes a makeshift cricket ground known as Div Park, where the three De Villiers brothers and their friends create an intense cricketing culture. They build a special bond through countless hours spent playing, mimicking professional cricket techniques, and engaging in fierce competitions. These experiences foster resilience and a fighting spirit in the author, shaping his identity as a player.

Influence of Family and Friends

The author discusses the dynamic relationship with his

More Free Book



Scan to Download



Listen It

brothers—Jan and Wessels—who act as mentors and competitive influences. Their shared love for sport cultivates not only a strong bond but also a benchmark for achievement. The narrative emphasizes their supportive roles, driving the author to continually strive for improvement. Friends like Gerrit Deist and Martin van Jaarsveld further elevate the competitive spirit and provide both friendship and formidable challenges.

Significant Memories and Life Lessons

Various anecdotes reveal life lessons learned through both triumphs and challenges, such as an exciting rugby semifinal and a mischievous cherry bomb incident. The chapter also highlights how family activities, such as sports outings and summer holidays, contribute to the author's love for competitive play.

Parental Influence and Foundation

The author concludes by reflecting on the significant role his parents play in his upbringing. His father's demanding job as a doctor and his mother's unconditional support create a nurturing yet challenging environment that motivates him to

More Free Book



Scan to Download



Listen It